

1-Mar	2-Mar	3-Mar	4-Mar	5-Mar
<p>Chicken & Dumplings Steamed Broccoli Glazed Carrots Wheat Bread Heavenly Ambrosia World Folk Tales & Fables Week</p>  	<p>Beef Enchiladas w/Chili Ranch Style Beans Mixed Greens Lime Fluff "Dr. Seuss" Birthday 1904-1991 Cat in the Hat--Hop on Pop</p> 	<p>Meatloaf Mixed Rice Pilaf Italian Mixed Vegetables Breadsticks Chocolate Cake National Anthem Day 1931 Star Spangled Banner</p> 	<p>Glazed Ham w/Pineapple Slice Whipped Sweet Potatoes Squash Medley Wheat Bread Gourmet Cookie Hug a GI Day</p> 	<p>Fish Patty Crispy Potato Cubes Green Peas w/Red Peppers Hamburger Bun Fresh Apple March 6 is Annual World Day of Prayer</p> 
<p>8-Mar</p>	<p>9-Mar</p>	<p>10-Mar</p>	<p>11-Mar</p>	<p>12-Mar</p>
<p>Salisbury Steak w/Gravy Garlic Mashed Potatoes Cucumber & Tomato Salad Wheat Bread Peach Cobbler March 7, Anniversary of the Invention on Monopoly® 1933</p> 	<p>Pork Patty w/Gravy Creole Corn Seasoned Cabbage Cornbread Brownie 50th Anniversary of Barbie ® Debut</p> 	<p>Chicken & Rice Casserole Okra & Tomatoes Sautéed Mustard Greens Wheat Roll Bread Pudding w/Lemon Sauce National Bluebell Popover Day</p> 	<p>Spaghetti & Meatsauce Italian Green Beans Spring Salad Breadstick Fresh Banana "If a cluttered desk is a sign of a cluttered mind, of what, then, is an empty desk?" Albert Einstein</p> 	<p>Tuna Salad Pickled Beets Pea Salad Crackers Strawberries w/Glaze U.S. Post Office Established in 1789.</p> 
<p>15-Mar</p>	<p>16-Mar</p>	<p>17-Mar</p>	<p>18-Mar</p>	<p>19-Mar</p>
<p>Chicken Fried Steak w/Cream Gravy Whipped Potatoes Seasoned Green Beans w/Red Peppers Wheat Roll Jell-O w/Fruit American Chocolate Day</p> 	<p>Turkey Pot Pie Yam Patty Steamed Zucchini Biscuit Gourmet Cookie Irish Proverb "You've got to do your own growing, no matter how tall your grandfather was."</p> 	<p>Baked Chicken Seasoned Potatoes California Mixed Vegetables Wheat Bread Chocolate Cake w/Icing St. Patrick's Day Nat "King" Cole Birthday 1919</p>  	<p>BBQ Beef Seasoned Mixed Greens Garden Salad Wheat Bun Spiced Apples Birthday of "Pillsbury Doughboy" (1961)</p>  	<p>**Meal of the Month** Lemon Pepper Catfish Twice Baked Potatoes Green Bean Casserole Croissant Banana Pudding March 20 is Birthday of Big Bird of Sesame Street 1969</p> 
<p>22-Mar</p>	<p>23-Mar</p>	<p>24-Mar</p>	<p>25-Mar</p>	<p>26-Mar</p>
<p>Meatloaf w/Ketchup Corn w/Bell Peppers Steamed Broccoli Mexican Cornbread Pineapple Fluff "As young as you feel day."</p> 	<p>Creamy Chicken Pasta English Peas w/Onions Brussels Sprouts Wheat Roll Gourmet Cookie National Chip & Dip Day National Puppy Day</p>  	<p>Macaroni & Cheese w/Ham Squash Medley Whole Baby Carrots Wheat Bread Yellow Cake w/Chocolate Icing Diabetes Awareness Day</p> 	<p>Cheese Burger w/The Works Diced Potatoes Mixed Greens Hamburger Bun Fresh Apple Pecan Day Waffle Day</p>  	<p>Fish Square w/Tartar Sauce Pasta w/Marina Sauce Italian Green Beans Breadstick Birthday Cake "Spring is nature's way of saying, 'Let's Party!'" Robin Williams</p>
<p>29-Mar</p>	<p>30-Mar</p>	<p>31-Mar</p>		
<p>Savory Chicken Breast Stewed Tomatoes Seasoned Carrot Coins Wheat Bread Mandarin Oranges Birthday of Coco-Cola® 1886 National Lemon Chiffon Cake Day</p> 	<p>Pork Steak w/Gravy Seasoned Butter Beans California Mixed Vegetables Cornbread Fresh Banana Take a Walk in the Park Day</p>  	<p>Chicken Broccoli Fry Fried Rice Sugar Snap Peas Wheat Bread Tapioca Pudding The Zipper was originally used for fastening shoes. It was patented on this day in 1896.</p> 		<p>Available NOW at Nutrition & Services for Seniors Emergency Response System Contact Jackie at 892-4455 or 722-7782 ONLY \$30 a Month</p>

MARGARINE AND MILK ARE SERVED WITH EACH MEAL.
SUBSTITUTIONS MAY BE MADE DUE TO DELIVERY OF PRODUCTS.
DIABETIC MEALS MAY DIFFER.